

Declaration of Physical Fitness

I hereby declare that I have never suffered from any of the following which I understand may create or lead to a dangerous situation during flight :

Epilepsy, fits, severe head injury, recurrent fainting, giddiness or blackouts, unusually high blood pressure, a previous coronary thrombosis or from any other disability mental or physical which may endanger myself or any other person whilst undertaking the activity of flying or gliding. I am not an insulin-dependent diabetic.

In case of doubt I will consult my GP for advice.

I further declare that, in the event of my contracting or suspecting I may have any of the above conditions, I will cease to fly until I have obtained a medical opinion and reported it to the Club.

Applicant's Name (BLOCK CAPITALS).....

Signed.....

Date.....

BEFORE FLYING SOLO all applicants must also complete and submit to the Club a UK Civil Aviation Authority (CAA) National Private Pilot Licences Medical Declaration and have it countersigned by their NHS General Practitioner or submit evidence of a current alternative higher civilian or military aircrew Certificate of Fitness.

Further details of NPPL requirements and forms are available via the Internet by link from the British Gliding Association or CAA websites or from www.nppl.uk with advisory notes for the applicant and their GP, or from the Club.

Notes – please read

The following conditions may cause difficulty whilst flying.

Chronic Bronchitis, Severe Asthma, Acute or Chronic Sinus Disease, Acute or Chronic Ear Disease, Eye Trouble (eg the inability to read a car number plate at 25 metres with corrective spectacles if required), Regular Severe Migraine, Diabetes (in any form), Rheumatic Fever, Kidney Stones, Psychiatric Disorders, Severe Motion or Travel Sickness, any condition requiring the regular use of drugs (includes any medication whatsoever), some physical disabilities and Neuromuscular disorders.

If you suffer or have suffered from any of these, you are advised to take medical opinion before signing the Declaration of Physical Fitness.

You are further advised that

- if you normally wear spectacles, you should always carry a readily accessible spare pair whilst flying or gliding
- minor illnesses, drugs (prescribed or otherwise) and the donation of blood may make you temporarily unfit to fly

Legal Liability Disclaimer for Minors under the age of 18 years

I declare that I have read and understood the Undertaking given overleaf and that I am the Parent/Legal Guardian of the Applicant who has given the Undertaking and who is under 18 years of age. I agree both on my own behalf and on behalf of the Applicant to accept and be bound by the said Undertaking.

I also accept responsibility for any unsettled accounts incurred by the Applicant.

Signed.....(Parent/Guardian of the Applicant)

Date.....

Please complete all the details below :

Name (BLOCK CAPITALS)				Occupation		
Address						
Postcode	Telephone Nos.	H		M		
Email Address						

In the presence of :

Witness Name				Occupation		
Witness Address				Postcode		
Witness Signature						