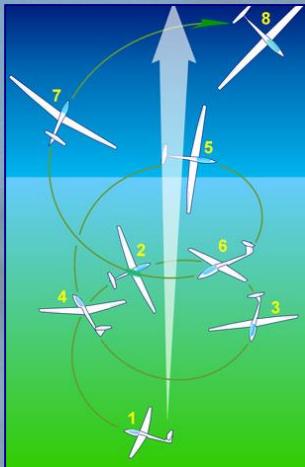


Southdown Gliding Club

Thermal Lift

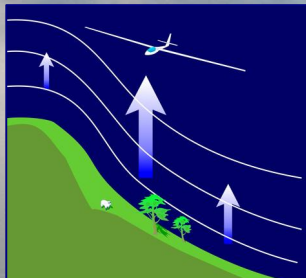
The sun warms air near the ground and it rises through the cold air above. Cumulus clouds form at the top of the thermal and shows the glider pilot where to find lift.



Using thermals as stepping-stones, a pilot can fly for hundreds of miles in a day.

Ridge Lift

The wind is forced up over the face of a ridge providing a source of rising air that can sustain a sailplane. The Southdown hills allow flights from Eastbourne to Petersfield



Southdown Gliding Club
 Parham Airfield, Pulborough Road
 RH20 4HP
 01903 742137
www.SGC1.org



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Who can Glide ?

There are no age limits for gliding, although you should be in good general health. Consult your doctor for further guidance. If you are very tall, short or very heavy you should check that you comply with the Cockpit payload. Most people will not have any problems.



Gliding at Southdown

At Southdown, you will meet a number of like-minded individuals who enjoy the thrills that this great sport can bring. You will benefit from the experience and heritage that flows through a club that dates back to 1930 and a region where some of the early pioneering flights were achieved as early as 1903.

We welcome all ages and have a buoyant Cadet scheme providing heavily subsidised flying to pilots in the 15-18 age range. Visitors are very welcome on any flying day.

Learning to Glide

As well as our courses, the club is open and instruction available every weekend and Wednesday throughout the year.

We have one of the most modern fleet of two-seat glass / carbon fibre training gliders as well as three tow planes to get you into the air quickly.

Our instructors will guide you through our training syllabus towards the first milestone—your solo flight. But this is only the beginning and so much more is possible



Courses

Courses are free for club members with only the normal launch and flying fees payable. A variety of courses allow for accelerated learning :

- 2 Day Mini-Courses for beginners
- Evening courses on Wednesdays and Fridays during the summer
- 5-Day intensive courses for beginners
- Cross-country courses
- Aerobatics



Photo : Peter Atkinson

Trial Lessons

If you want to try gliding, either for fun or before you join, then you can take a trial lesson first.

A trial lesson consists of a ground briefing followed by an aerotow launch giving a flight of around 20-25 minutes. Vouchers can be purchased in the office, on the day or on-line from our website.

Weather can determine suitability, so call the clubhouse to check on 01903 746706. In the summer you can 'book' a slot on a Friday, which we dedicate to Trial lesson visitors.